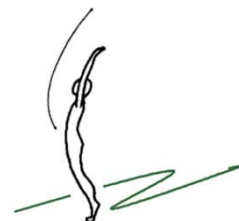


## COURSES TO BE HELD AT MKDONS FOOTBALL CLUB



<b>2010</b>	<b>AFTERNOON / EVENING WORKSHOPS</b>
Wednesday 17 <sup>th</sup> February	<p><b>SPECIFIC SOFT TISSUE MOBILISATION (SSTM)</b>  <i>Tutor: Glenn Hunter MSc, MCSP, SRP, Cert ED FE                      Research and Innovation (Performance Medicine) UK Sport</i></p>
Wednesday 14 <sup>th</sup> April	<p><b>UNDERSTANDING SHOULDER INSTABILITY</b>  <i>Tutor: Anju Jaggi, MSc MCSP                      Clinical Physiotherapy Specialist, Royal National Orthopaedic Hospital Trust (UK)</i></p>
Wednesday 16 <sup>th</sup> June	<p><b>THE SACROILIAC JOINT DEMYSTIFIED</b>  <i>Tutor: Alison Middleditch MCSP MMACP                      Director Surrey Physiotherapy Clinic</i></p>
Wednesday 8 <sup>th</sup> September	<p><b>INJURIES OF THE HIP &amp; GROIN</b>  <i>Tutor: Professor Graham N Smith FCSP GradDipPhys DipTP CertED                      Chartered &amp; HCPC Registered Physiotherapist                      Rehabilitation &amp; Sports Injury Consultant, Glasgow</i></p>
Wednesday 17 <sup>th</sup> November	<p><b>INTRODUCTION TO MYOFASCIAL TRIGGER POINTS &amp; MUSCULOSKELETAL DYSFUNCTION</b>  <i>Tutor: Robert Grieve MSc, DPodM, MCSP                      Senior Lecturer University West of England</i></p>

For further details on programmes  
 Please call **01375 893 820** or email: [enquiries@welbeing-cpd.co.uk](mailto:enquiries@welbeing-cpd.co.uk) or visit our website:  
[www.welbeing-cpd.co.uk](http://www.welbeing-cpd.co.uk)